

Adjust the Height

To adjust the height you might need a step stool to reach the overhead buckles on the height adjustment strap. With one hand grab one of the buckles. Your other hand will work the strap up or down through the buckle. Do the same with the other buckle, moving its strap to match what you did with the first buckle.

You will notice that coming from below, the straps approaching the buckles are double. Only one of these pairs is movable; the other is attached to the buckle. See drawing.

